



GIG  
CYMRU  
NHS  
WALES

## Y pas a beichiogrwydd

### Amddiffyn eich babi

Mae'r pas ar gynnydd yn ddiweddar, a babanod sy'n rhy ifanc i gael eu brechu sydd fwyaf tebyg o'i ddal.

Gall menywod sydd wedi cyrraedd wythnos 16 eu beichiogrwydd helpu i amddiffyn eu babanod drwy gael eu brechu rhag y pas.

## Whooping cough and pregnancy

### Help protect your baby

There is a lot of whooping cough around at the moment and babies who are too young to start their vaccinations are at greatest risk.

Expectant mothers can help protect their babies by getting vaccinated against whooping cough from week 16 of their pregnancy.