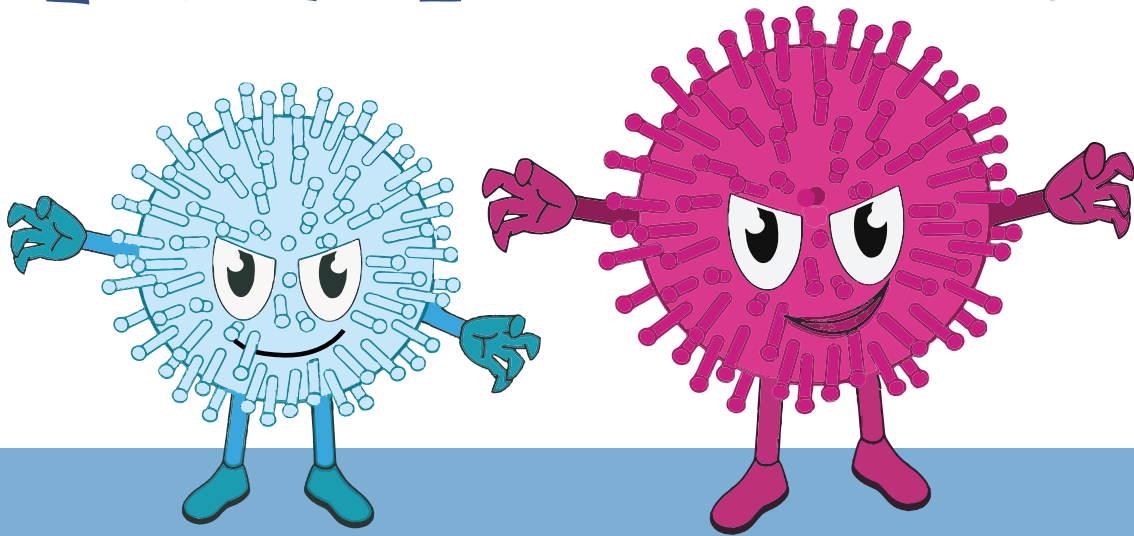


CURWCH FFLIW

BEAT FLU



Bydd hyd at 1 o bob 10 o blant yn cael y fflw a gall hyn fod yn fwy difrifol mewn plant iau

Bydd pob plentyn 2 neu 3 blwydd oed ar 31 Awst yn cael cynnig brechlyn fflw

Diogelwch eich plentyn 2 neu 3 blwydd oed â brechlyn fflw drwy'r trwyn o feddygfa eich Meddyg Teulu

Am fwy o wybodaeth siaradwch â'ch ymwelydd iechyd, Meddyg Teulu neu nyrs practis neu cysylltwch â Galw Iechyd Cymru 0845 46 47 neu ewch i www.curwchffliw.org

**PEIDIWCH Â CHOLLI'R CYFLE,
DIOGELWCH EICH PLENTYN
RHAG Y FFLIW**

Up to 1 in 10 children get flu and this can be more serious in younger children

All children 2 or 3 years old on 31 August will be offered a flu vaccine each year

Protect your 2 or 3 year old child with a nasal spray flu vaccine from your GP surgery

For more information, speak to your health visitor, GP or practice nurse or contact NHS Direct Wales 0845 46 47 or visit www.beatflu.org

**DON'T MISS OUT,
PROTECT YOUR CHILD
FROM FLU**



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